



# blink

RESTAURANT & BAR

## to start

### salad of bartlett pear

two endives, shaved grizzly gouda and pecans / walnut vinaigrette 13.50

### tomato and goat cheese salad

fort mcleod goat cheese with cherry, sungold and heirloom tomatoes, basil and rocket 13.50

### tartare of british columbia albacore tuna

avocado and crispy garlic / sesame, soy and horseradish 13.50

### parfait of quebec foie gras

rhubarb compote and toasted brioche 16.50

### carpaccio of AAA alberta beef tenderloin

truffle mayonnaise, pickled celery branch and truffled boschetto 14.50

## appetizer

### gazpacho

chilled tomato soup with st. lawrence shrimp, soy bean and cilantro spring roll 14.50

### scallops from alaska and pork from lethbridge

new season cauliflower, purée and florets with piedmont black summer truffle 13.50

### twice baked dungeness crab soufflé

aged quebec cheddar with spinach and fresh cream 11.50

## meat

### AAA alberta beef tenderloin

scaloped potatoes, wild bc fire morels, green asparagus and red wine sauce 39.00

### grilled AAA rib eye of beef

roast button mushrooms and green onions, thick cut fries and mushroom jus 34.50

### lemon and garlic roasted chicken

harissa, cous cous two ways, golden raisins, hummus, olive oil and lemon 28.00

### organic lethbridge rabbit

leg and saddle, young carrots and broccolini with ricotta gnocchi, corn nuts and mustard 34.00

## fish

### halibut

casserole of white beans with piquillo peppers, basil and chorizo 32.50

### black cod from haida gwaii

shrimp and ginger wonton with shiitake mushrooms and dashi broth 32.00

### roast wild chinook salmon

broxburn farm tomatoes in olive oil and fresh herbs, broccoli, crunchy potato and rocket 28.50

## vegetarian

### sauté of polenta

rage of spring and summer vegetables with fresh herbs, basil and parmesan 17.00

### ravioli of three cheeses perogie style

slow cooked caramelized onions with soured cream and parsley 17.50

## sides

grizzly gouda mac and cheese / thick cut fries / mixed vegetables 6.50

*in support of local and family farms*